

Bluebell Park Autumn / Winter Menu 2018-19

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tomato & cheese pasta bake with garlic bread	Chicken korma & rice with naan bread	All day breakfast	Roast chicken, roast potatoes, stuffing, carrots, broccoli and gravy	Harry Ramsdens fish fillet with chips and mushy peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Pancake & ice cream	Carrot cake	Apple crumble & custard	Arctic roll	Chocolate sponge & custard

Menu Dates:	6 May, 17 June, 8 July
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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage, mash, mixed veg and gravy	Cheese pizza with crisscuts and beans	Scouse with crusty bread and beetroot	Roast beef, roast potatoes, carrots, peas, Yorkshire pudding and gravy	Fish goujons with chips and mushy peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Mousse	Brownie	Iced Sponge	Cookie	Sponge & custard

Menu Dates:	1 April, 22 April, 13 May, 3 June, 24 June, 15 July
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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken burger with sweet potato waffles and beans	Minced beef pie & mash with cabbage and gravy	BBQ chicken wrap with crisscuts and salad	Roast gammon, roast potatoes, carrots, peas and gravy	Harry Ramsdens fish fillet with chips and mushy peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Flapjack	Jam Sponge & Custard	Cheesecake	Jelly & Cream	Rice Pudding

Menu Dates:	29 April, 20 May, 10 June, 1 July, 22 July
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Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice

Gluten Free options also available - please contact the school if your child has specific dietary requirements