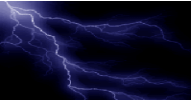








Hollie the Health Workers Holy Rainbow




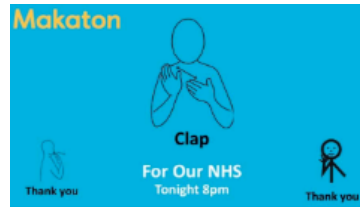
| Story | Colour | Prop | Activity | Extended Activity Music/Visuals | Copyright The creators own the exclusive rights to their creative works |
|--|--------|---|---|---|---|
| <p>Something had changed for Hollie the Health worker, life was now different.</p>  | Black | Flashing light for lightening (to signify beginning of story) | Track the light Make sounds of thunder and lightning. Make a Thunder tube | Thunder | https://www.freesoundeffects.com/free-sounds/thunder-sound-10040/ |
| <p>Hollie hid under her blanket and tried to stay happy and calm.</p>  | Red | Blanket (Red preferably) | <p>Massage - 'Calm' stroke</p>  <p>Rest the flats of both hands gently on back, head or shoulders. Hold for as long as is appropriate.</p> | <p>Staying Safe and Healthy - The Story Massage Programme https://www.mary-elliott.walsall.sch.uk/wp-content/uploads/2020/03/ME-Staying-Safe-Healthy-Story-Massage.pdf Music by Sheepy https://www.youtube.com/watch?v=bmjrZYo59uQ</p> | <p>https://www.storymassage.co.uk/ Atkinson.M. and Hooper.S. (2015) - <i>Once upon a Touch...Story Massage for Children</i> SINGING DRAGON (Jessica Kingsley Publishers). Music by Sheepy https://www.youtube.com/watch?v=bmjrZYo59uQ</p> |
| <p>When Hollie came out, the sun was shining, yet everyone's faces were screwed up like they had eaten lemons.</p>  | Yellow | Lemons Bright torch or big light | Taste and tracking | <p>Music https://www.youtube.com/watch?v=r1BvpfI9YZI</p> | <p>Music Jools Holland / Suggs - Oranges And Lemons Again https://www.youtube.com/watch?v=r1BvpfI9YZI</p> |



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| <p>Hollie felt brave and went for a wander. Hollie the health worker hiked through the hills to the woods.</p>  | Green | Branches/Leaves | Feel branches and leaves Make a colour plants from found plants and leaves | Music PAT DAM SMYTH - OTHERWISE found here: https://www.youtube.com/watch?v=DmjhpuYWDeE | Music PAT DAM SMYTH - OTHERWISE found here: https://www.youtube.com/watch?v=DmjhpuYWDeE |
| <p>Hollie heard the alarm - it was time for work. When Hollie reached hospital, she heard a loud ha-choo. Hollie put on her blue hair band and gown and washed her hands.</p>  | Blue | Spray Water Blue dye Mask Gown on | Sneezing Hand washing | Today by Joel (In PPT) | Today by Joel (In PPT) |
| <p>After work, Hollie got home to some much needed humour and a big glass of orange juice.</p>  | Orange | Orange Juice Orange | Taste/smell oranges/orange juice/cut the oranges/make a fruit salad | The Laughing Policeman - Charles Jolly / Penrose https://www.youtube.com/watch?v=hI1nPd7hezM | The Laughing Policeman - Charles Jolly Penrose https://www.youtube.com/watch?v=hI1hezM |

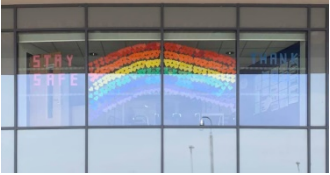




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| <p>Hollie jumped up. "Dash to all this!" she said. "Let's get our hands dirty and plant some new life that could grow and grow and grow!"</p>  | <p>Brown</p> | <p>Soil Bulbs to plant Plant pot Packet of seeds</p> | <p>Planting - pushing bulbs into the soil Touch Shake the packet of seeds beside the pupil for them to hear Stretching arms to grow - support pupil to stretch their arms out in stages as you say grow and grow and grow</p> | <p>Explore a tray of seeds (lentils, rice, dried peas, pumpkin seeds) Place pupil's feet in a tray of soil (compost). Sprinkle the seeds all over their feet and then spray their feet with a water spray Music by 747s https://www.youtube.com/watch?v=tJBbTutuRSc</p> | <p>Music by 747s https://www.youtube.com/watch?v=tJBbTutuRSc</p> |
| <p>Hollie thought - soon all of this will float away like a rainbow in the sky or a distant memory "It's times like these you learn to live again It's times like these you give and give again"</p>  | <p>Purple and Pink</p> | <p>Bubbles Fan Big piece of card</p> | <p>Blowing Feeling wind Singing</p> | <p>"It's times like these you learn to live again It's times like these you give and give again" https://www.bbc.co.uk/programmes/articles/2Q50t1PDvNJqROhOr8K2JVF/times-like-these-bbc-radio-1-stay-home-live-lounge</p> | <p>Times Like These: BBC Radio Stay Home Live Lounge https://www.bbc.co.uk/programmes/articles/2Q50t1PDvNJqROhOr8K2JVF/times-like-these-bbc-radio-1-stay-home-live-lounge</p> |
| <p>So for now - Let's Clap for all the Health working Hollies of the world working hard to keep us all safe and well- Hit it Hol!</p>  | <p>Rainbow</p> | <p>Pots and pans Music Musical instruments</p> | <p>Clapping Dancing Hitting pots and pans</p> | <p>Makaton sign 'Thank you'</p>  | <p>https://www.makaton.org/</p> |





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|--|----------------------|---|--|--|---|
| <p>How did you do with Hollie? Did we make a Holey rainbow of our own? Hollie says "I hope so!"</p>  | <p>Make your own</p> | <p>Rainbow ribbons/streamers/colorful flags</p> | <p>Flying flag Matching colours Making home rainbow (tactile rainbow (e.g. pipe cleaners and cotton wool balls)) https://www.pinterest.co.uk/</p> | <p>Song 'I Can Sing a Rainbow' https://www.youtube.com/watch?v=2kfoIABGpkY or sing the song 'Over The Rainbow' https://www.youtube.com/watch?v=PSZxmZmBfnU</p> | <p>https://www.youtube.com/ or sing the song 'Over The Rain' https://www.youtube.com/watch?v=PSZxmZmBfnU</p> |
| <p>END</p> | <p>Rainbow</p> | <p>A dance</p> | <p>Have a dance</p> | <p>Bluebell by Villy Raze</p> | <p>Music by Villy Raze</p> |

