

Bluebell Autumn / Winter Menu 2020 / 21

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken burger in a bun with crisscuts and beans	Sausage with mash, peas and gravy	Spaghetti bolognaise with garlic bread	Roast gammon, roast potatoes, carrots, peas and gravy	Fish, chips and peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Ice cream	Cookie and milkshake	Sponge and custard	Mousse	Rice pudding
Allergens Contains	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs, sulphur dioxide & sulphites	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs
Allergens May Contain	Celery, rye, oats	Rye, oats, lupin	Rye, oats		Sulphur dioxide & sulphites, molluscs, crustaceans

Menu Dates: 31st Aug, 21st Sept, 12th Oct, 2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 8th March, 29th March

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mince with mash and mixed veg	Cheese pizza with crisscuts and beans	Hot dogs with chips and spaghetti hoops	Roast turkey, roast potatoes, carrot, broccoli and gravy	Fish fingers, chips and peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Sponge and custard	Brownie	Carrot cake	Cheesecake	Waffle and ice cream
Allergens Contains	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs, sulphur dioxide & sulphites	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs
Allergens May Contain	Rye, oats				Rye, oats

Menu Dates: 7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 11th Jan, 1st Feb, 22nd Feb, 15th Mar

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken wrap with chips and salad	All day breakfast	Mince beef pie with mash, cabbage and gravy	Roast beef, roast potatoes, carrots, yorkshire pudding and gravy	Fish, chips and peas or beans
Light Choice	Jacket potato / salad / sandwiches with soup				
Veggie Choice	Main meal item with quorn substitute				
Dessert	Cookies and milkshake	Artic roll	Iced sponge and custard	Flapjack	Sponge and custard
Allergens Contains	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs, rye, oats, barley	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs	Wheat, soya, milk, cereals containing gluten, mustard, fish, eggs
Allergens May Contain		Rye, oats, lupin	Celery, rye, oats, barley, sulphur dioxide & sulphites	Rye, oats, barley, sulphur dioxide & sulphites	Sulphur dioxide & sulphites, molluscs, crustaceans

Menu Dates: 14th Sept, 5th Oct, 16th Nov, 7th Dec, 18th Jan, 8th Feb, 1st Mar, 22nd Mar

Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice