

Bluebell Park Spring/Summer Menu 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken wrap, salad & chips	Scouse with crusty bread & beetroot	Cheese pizza, crisscuts & spaghetti hoops	Roast beef, roast potatoes, carrots, Yorkshire pudding and gravy	Harry Ramsden's fish fillet, chips & mushy peas or beans
Veggie Option	Main meal item with Quorn substitute				
Light Choice	Jacket potato /salad / sandwich with soup fillings - cheese / tuna / ham / egg				
Dessert	Ice cream	Brownie	Sponge & custard	Flapjack	Rice pudding
Allergens - contains	Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat	Cereals containing gluten, eggs, fish, milk, mustard, soya, sulphur dioxide & sulphites, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
Allergens - may contain	Barley, celery, oats, rye, sulphur dioxide & sulphites	Sesame	Celery, oats, rye	Oats, rye	Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites
Week 1	25th April, 16th May, 6th June, 27th June, 18th July, 29th August, 19th September, 10th October				
Main	Meatballs & pasta	Chicken curry, rice & naan	Mince beef pie, mash, cabbage & gravy	Roast pork, roast potatoes, broccoli, carrots, & gravy	Harry Ramsden's fish fillet, chips & mushy peas or beans
Veggie Option	Main meal item with Quorn substitute				
Light Choice	Jacket potato /salad / sandwich with soup fillings - cheese / tuna / ham / egg				
Dessert	Iced sponge	Cookie	Artic roll	Carrot cake	Crumble & custard
Allergens - contains	Cereals containing gluten, eggs, fish, milk, mustard, soya, sulphur dioxide & sulphites, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
Allergens - may contain	Celery	Oats, rye	Oats, rye	Oats, rye	Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites
Week 2	2nd May , 23rd May, 13th June, 4th July, 5th September, 26th September, 17th October				
Main	Sausage & mash, peas & gravy	Spaghetti bolognese with garlic bread	All day breakfast	Roast gammon, roast potatoes, stuffing, cauliflower, peas & gravy	Harry Ramsden's fish fillet, chips & mushy peas or beans
Veggie Option	Main meal item with Quorn substitute				
Light Option	Jacket potato /salad / sandwich with soup fillings - cheese / tuna / ham / egg				
Dessert	Ice cream	Cheesecake	Mousse	Cookie	Syrup sponge & custard
Allergens - contains	Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat	Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
Allergens - may contain	Lupin, oats, rye, sesame	Oats, rye	Lupin, oats, rye, sesame	Oats, rye	Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites
Week 3	9th May, 20th June, 11th July, 22nd August, 12th September, 3rd October				