

# Bluebell Park Directory

## Provider Information



*by*

*Leanne Morrey, Careers Adviser*

### **Thrive Knowsley CIC**

- Based in 'Our Place' Longview Drive Huyton, next to Huyton leisure centre.
- Offer a day centre for young people with complex needs who require their own support via a PA 1:1 or 2:1.
- Thrive provides activities and opportunities to keep YP engaged and active, healthy and help build their life skills.
- Opening hours are Monday - Friday 9am-4pm. The cost is £70 per day .
- Closed 2 weeks at Xmas (due to building closure) and bank holidays.
- Also have a residential service, most of the young people attend these weekends away, giving their carers a much-needed break.
- Young people can transition in their final year of education during half term holidays.
- Also offer half term places for 18+.
- Contact Deborah & Amanda if you require any further information - 07526 357 352 or 07871 382 355.

**Facebook** - Thrive Knowsley CIC

**Instagram**- Thriveknowsleycic

**Twitter** - @Thriveknowsleycic

Thrive Knowsley CIC

C/O Our Place

Longview Drive

Huyton

Liverpool

L36 6EG

### **Flourish F.E**

The curriculum is based on Preparing for Adulthood which focuses on the key aspects of life skills. The current curriculum timetable consists of approximately 60% community-based activities. Sessions and activities planned at Flourish FE incorporate academic and vocational teaching but also address the various sensory needs of the learners. Daily activities include – Sensory Circuits, Music, Sensory room, Arts & Crafts, Horticulture, Community Access, Swimming, Physical Education, Cookery, Practical life skills.

Flourish has also made huge strides to develop work experience opportunities. As well as learning some essential work skills this also allows the young people to enjoy building relationships with members of the public and wider community.

The aim is for the young people to be happy, productive and valued members of the community in which they live.

For further information regarding Flourish, please either call or email.

**Telephone** 0151 443 2004

**Website** <https://flourishfe.com>

## Yars

- Young Adult Respite Service C.I.C (Y.A.R.S) is a fantastic programme, set up in 2017 to support the personal and social development of disabled young adults across Knowsley.
- A safe centre for young adults to meet friends, engage in fun and exciting activities, gain qualifications and crucial life skills.
- To date, they have engaged with over 70 disabled young adults and stayed in some fantastic places, such as Barcelona, Dublin, The Lake District and North Wales to name a few.

Address - 60 St Marys road, Huyton, L36 5ST

Email - [info@yars.org.uk](mailto:info@yars.org.uk)

Website - [www.yars.org.uk](http://www.yars.org.uk)

## Supported Internship programme - St Helens

The Supported Internship Programme is a partnership between St Helens College and St Helens Council. The programme offers young people aged 16 to 24 with a learning disability or difficulty the opportunity to gain paid employment, providing invaluable work experience and help to develop their knowledge and skills. Those involved are supported by a Job Coach and after the one-year programme, the aim is that they secure full/part-time paid employment.

To find out more, contact Vicki Moss, Supported Internship Job Coach on [01744 623358](tel:01744623358) or [07785 624 850](tel:07785624850), or email [vmoss@sthelens.ac.uk](mailto:vmoss@sthelens.ac.uk).

## Knowsley Community College Supported Learning

The Work Skills programme is designed to support students with Special Educational Needs and / or Disabilities (SEND) to enable them to progress into employment or progress to a higher-level course. Tutors will work with the students to help develop their transferable skills such as problem solving, communication and teamwork. Alongside this they will complete further learning and employment qualifications including English and Maths.

During their time on the course students will also have the opportunity to attend 'vocational tasters' within other areas of the College to prepare them for future study and work experience opportunities. Each student will have a personal tutor with specialist SEND knowledge who is responsible for all aspects of their study programme and will support them to make progress towards outcomes through an individualised approach.

To find out more or to apply, contact Paula Humphreys, Transitions Officer, by email at [pumphreys@knowsleycollege.ac.uk](mailto:pumphreys@knowsleycollege.ac.uk).

## **Activate**

Deliver personalised educational and vocational programmes for young adults with learning difficulties and disabilities in Knowsley. They focus on building the skills and experiences needed to pursue an active life in the local community.

They offer the following curriculum pathways:

- Communication pathway
- Work skills pathway

Some learners may also access a combined pathway.

**Address:** The Bracknell Centre, Bracknell Ave, Liverpool L32 9PW

**Phone:** 0151 545 1279

Further information is available on the website. <https://activateces.org.uk/>

### **Activate Communication Pathway**

The Communication Pathway provides learners with undeveloped social skills and communication the tools and skills for more independent living and choice making. Learners who are studying on this pathway will focus on developing their ability to communicate their wants and needs. They will participate in activities where they will be able to show preferences and develop more independence and self-regulation skills for social situations.

### **Activate Work Skills Pathway**

The Work Skills Pathway provides those learners who are able to make a positive contribution to their community through the employment and / or voluntary sector with the skills to overcome their personal barriers to independence. Learners are provided with a highly individualised timetable which ensures their Education Health Care Plan outcomes and specific support needs are met. Sessions are centred around preparing for adulthood, engaging with the community, and developing skills for independence.

### **Alt Bridge Post-16 education programme**

Alt Bridge has a bespoke Post-16 provision for learners who wish to access further education at the end of Key Stage 4.

Further information can be found here <https://www.altbridgeschool.com/post-16-3/>

Alt Bridge are a specialist ASC provision, offering small class sizes and high staff to student ratios. They offer highly differentiated support and are passionate about personalised learning. The provision is aimed at young people between the ages of 16-19. Our focus is to offer a supportive transition from school to college-based further education. Whether this be the supported living, supported employment and/or independent living.

**Address:** Wellcroft Road, Huyton, Liverpool. L36 7TA

**Telephone:** 0151 477 8310

**Email:** altbridge.de.knowsley.gov.uk

### **Knowlsey Works - Positive Inclusion Programme**

The Positive Inclusion Programme is a personal development and employability programme which aims to support local people of all ages from 16 years onwards, who require intensive specialist support to progress into education, training, or employment.

They can offer support with:

- Career, life goals and action planning
- Training, short courses and Further Education
- Numeracy, literacy and I.T. skills
- Job searching and application forms
- CV Support
- Confidence and motivational coaching
- Interview skills and techniques
- Work placements

The programme is delivered on a one-to-one basis with your own personal mentor.

Are you eligible? Inactive or unemployed, Keen to develop new skills?

Have you - A disability, learning difficulty or autism, Special educational needs, Physical and mental health conditions, Personal and social barriers.

To register with us please call 0151 443 5010 or 5015 and ask for the Positive Inclusion Team.

### **Job support**

The National Careers Service has a range of information and support for job seekers who have special educational needs and / or a disability. This includes support programmes, employment rights, support returning to work and advice on finding work. The service highlights programmes and support you can access if you are autistic, have a learning disability, have a sensory impairment, if you are deaf or have hearing loss, or if you have a long-term medical or mental health condition. For more information visit <https://nationalcareers.service.gov.uk/>

### **Strawberry Field – Steps to Work**

The Steps to Work programme empowers young adults aged 18-25 with learning difficulties, who are neurodivergent or have barriers to employment into paid work.

Steps to Work adopts truly “person-first” approach which has the trainee at the heart of everything we do. Each trainee is supported by their dedicated Work Coach for the duration of the programme.

Trainees will have an individual journey plan which will be achieved through commitment from the trainee and Work Coach. The wider Strawberry Field team are on hand to offer emotional and pastoral support.

Steps to Work consists of an eight-week work readiness course, followed by up to three different three month work placements. These placements include two days per week of vocational training and two days per week in a work environment to move young people into employment or meaningful volunteering.

Strawberry field are looking for young people who:

- have a keen desire to gain paid employment
- are currently economically inactive, for example, not in education, employment or training, or may never have worked
- will commit to attending and participating on all aspects of the programme
- are prepared to try new things and develop new skills
- are willing to commit to the programme for up at least 12 months to achieve their job goals

Address: Beaconsfield road, Liverpool L25 6EJ

Phone: 0151 252 6130

Email: [steps@strawberryfieldliverpool.com](mailto:steps@strawberryfieldliverpool.com)

### **StedyChefs**

At StedyChefs Learning Centre, it is all about creating fun and exciting learning activities that are beneficial for adults with disabilities and learning difficulties.

Address: Brockman Hall, 1B Snaefell Avenue, Tuebrook, L13 7HA

Email: [info@stedy-chefs.co.uk](mailto:info@stedy-chefs.co.uk)

Phone: 0151 936 1968

The main priorities when attending StedyChefs are:

- Learning basic safety skills within the kitchen.
- Gaining independent living skills through cooking, having knowledge of what is best to eat and how to cook healthily using a variety of methods.

StedyChefs offer amazing opportunities available for students who attend the day service. Some students are able to work towards gaining a Level 2 food hygiene certificate. This is assessed by the chefs for students they believe have a real passion for cooking and wish to further develop their skills.

The cost is £84.00 per day (inclusive of VAT). The day cost includes- Uniform, Transport, Lunch and days out.

StedyChefs are a commissioned service with all combined local authorities. +If you are unable to attend with a commissioned place, StedyChefs also accepts students with direct payments to those who wish to self-fund.

Free taster days are available for those who wish to come and see what StedyChefs have to offer and have a chance to meet our staff and students.

## Hugh Baird college

Learning for life courses allow young adults with learning difficulties and/or disabilities the opportunity to recognise and develop the skills and abilities they have so they can achieve their life and employment aspirations.

**First Steps to Work** - The aim of this course is to assist learners in personal and work-related skills. Learners will develop a CV, gain experience in a realistic working environment, undertake voluntary work experience assignments, and gain a basic understanding of industrial practice.

**Independent Living Skills** - Independent Living Skills is developed around 'life skills', developing a number of living skills delivered through practical activities and projects focused on students becoming as independent as possible. These courses help learners to grow as individuals and cover topics such as travelling independently, cooking for yourself and shopping.

**Skills for Working Life (Entry Level)** - This course is developed around 'Entry to Supported Employment', delivered through real contexts, practical activities, and projects. It provides students with an opportunity to increase their chances of getting a job or voluntary placement.

There are no specific entry requirements for these programmes. Learners will undergo an assessment as part of interview process to identify the most appropriate level of programme.

**Connect** – suitable for Entry 2/Entry 3 level students. Provides those who are unsure of what they want to do yet, personal and professional development plus a 2 hour taster in either Motor Vehicle, Hair & Beauty, Health & social care or Hospitality and catering , depending on aspirations for the future.

**Vocational pathways** – Level 1. The Vocational Pathways programme will enable students to choose two subjects in September which they can study up until Christmas when they will select one to continue with for the remainder of the year. Alongside the vocational elements, also study a core of transferable skills based around employability and skills for further study.

**Princes Trust** – The Prince's Trust Team programme is a free 12-week course, that offers work experience, challenging community projects and an adventurous team building residential trip. Enrolment on a Prince's Trust course does not affect your benefits. Learners will increase skills in emotional regulation, money management, enterprise, community and voluntary participation.



**Supported Internships** - Supported internships enable young people aged 16-24 with a statement of Special Educational Needs (SEN), or an Education, Health and Care Plan (EHCP) to achieve paid employment by equipping them with the skills they need for work, through learning in the workplace.

- People aged between 16 and 24, with a statement of Special Educational Needs (SEN) and/or an Education, Health and Care Plan (EHCP).
- Applicants must have an aspiration to gain employment.
- Applicants should be eager to become more independent and more confident.

Address: Balliol Rd, Liverpool L20 7EW

Phone: 0151 353 4444

### **SWRAC – Specialist Independent College.**

Provide a range of educational activities to young adults. SWRAC Support individuals to thrive through real-life and relevant education programmes.

**Prepare for Life** - this year long programme will focus on developing personal and life skills. The programme is tailored to meet individual needs as identified in SWRAC's base line assessment and in the EHCP outcomes focusing on the required areas such as; preparing a simple meal, travelling independently, using money, making a bed, using a dishwasher etc.

**Prepare for Work** - This is often the next step after achieving the 'Prepare for Life' programme. This programme concentrates on the work-related behaviours, attitudes, skills, knowledge and understanding needed for you to progress onto the next stages of your education or into a work setting.

**Supported Internships** - This year long programme is heavily work focused and would be suitable if you already have many of the skills required to enter the world of work. Often you would progress onto this after completing our 'Prepare for Work' programme.

**SWRAC Thrive** - The 'Thrive' programme is for young adults (ages 16-30) with learning difficulties, low-level physical disabilities and/or low-level mental health concerns.

Address: Sefton Investment Centre, 375 Stanley Road, Bootle. L20 3EF

Email: **General enquiries:** [mail@swrac.ac.uk](mailto:mail@swrac.ac.uk), **Student referrals:** [referrals@swrac.ac.uk](mailto:referrals@swrac.ac.uk)

Phone: 0330 202 0383